

# SOUL SURVIVORS: A New Beginning For Adults Abused As Children

J. Patrick Gannon



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SOUL SURVIVORS: A New Beginning For Adults Abused As Children J. Patrick Gannon SOUL SURVIVORS: A New Beginning For Adults Abused As Children is the republishing of the classic 1989 self-help book for adult survivors now available as an eBook. This second edition has been completely revised, updated and contains information about an international self-help group called ASCA (Adult Survivors of Child Abuse) that is based on the 21 step recovery program outlined in the book. This book is a comprehensive guide to recovery from all forms of child abuse (physical, sexual, emotional and neglect) for adults interested in overcoming childhood abuse. SOUL SURVIVORS integrates the latest research on the treatment of from child abuse and outlines a three stage, 21 step recovery program that combines proven self-help and professional help strategies. Chapters address the effects of childhood abuse on adult psychological functioning including parenting, employment, intimate relationship and addictions. An additional chapter provides a blueprint for dealing with abusive parents and offenders. The appendices include all necessary meeting materials showing how to start community based ASCA meetings.



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