



Raw Art Journaling

Quinn McDonald

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Meaning in life is made, not found.

In a raw-art journal, you don't need to know how to draw; you don't need to know how to write well. You don't need worry about messing up techniques you've never attempted before inside your raw-art journal. You just need to be you because raw art is *you* and it thrives on creative play, on experimentation and even on making mistakes.

Raw Art Journaling will teach you how to embrace your art, confront negative self-talk (a.k.a., your gremlin) and make meaning with your words and with your art. Inside *Raw Art Journaling* you'll discover how to:

- Write meaningful thoughts with a single sentence
- Create thought-provoking poems through found poetry
- Uncover images hidden in your photos
- Make personal meaning with the simplest of lines
- Finally feel free to make mistakes
- Use clever techniques to keep your secrets secret

Quiet your gremlin, grab your permission slip (it's on page 19) and start making meaning in your own raw-art journal today!

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Rebecca Wheeler:

This Raw Art Journaling is great guide for you because the content and that is full of information for you who have always deal with world and still have to make decision every minute. This book reveal it facts accurately using great arrange word or we can declare no rambling sentences inside. So if you are read it hurriedly you can have whole info in it. Doesn't mean it only gives you straight forward sentences but challenging core information with lovely delivering sentences. Having Raw Art Journaling in your hand like having the world in your arm, information in it is not ridiculous one particular. We can say that no book that offer you world in ten or fifteen small right but this reserve already do that. So , it is good reading book. Hey Mr. and Mrs. active do you still doubt in which?

Kathi Adamo:

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