



Repacking Your Bags: Lighten Your Load for the Good Life

Richard J. Leider, David A Shapiro

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NEW EDITION, REVISED AND UPDATED

“Living in the place you belong, with the people you love, doing the right work, on purpose.” This is how Richard Leider and David Shapiro define “the good life.” Technological advances, economic shifts, and longer life spans mean most of us will need to repeatedly reimagine our lives. In this wise and practical guide, Leider and Shapiro help you weigh all that you’re carrying, leverage what helps you live well, and let go of those burdens that merely weigh you down.

This third edition has been thoroughly revised with new stories and practices to help you repack your four critical “bags” (place, relationship, work, and purpose); identify your gifts, passions, and values; and plan your journey, no matter where you are in life.

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