

The New Pregnancy Bible: The Experts' Guide to Pregnancy and Early Parenthood



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Recognized by women and their caregivers as simply the best pregnancy guide? The Pregnancy Bible? has been updated and extended to take account of recent changes in prenatal and newborn care. It now includes a comprehensive glossary of pregnancy and neonatal terms. Over 250,000 copies of the previous editions have been sold. Written by a team of eminent specialists in obstetrics, fetology, genetics, pediatrics, nutrition, and exercise, The Pregnancy Bible?is filled with everything prospective parents need to know about creating the optimum environment for a developing baby and safeguarding the heath and well-being of the mother. Special sections on the trimesters and birth process; week-by-week images of the developing baby; sympathetically illustrated chapters dealing with all aspects of prenatal care, labor preparation, delivery experiences, and care of the newborn; as well as comprehensive reference sections on medial treatments and procedures make? The Pregnancy Bible? the essential pregnancy companion.



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