



Psychotherapy for the Treatment of Substance Abuse

Marc Galanter, Herbert D. Kleber

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In *Psychotherapy for the Treatment of Substance Abuse*, leading authorities on substance abuse treatment techniques review and illustrate the most common interventions for opioid-related and alcohol-related substance abuse disorders, as well as crucial methodologies for testing and patient placement. Methods reviewed include self-help fellowships such as Alcoholics Anonymous, cognitive-behavioral and psychodynamic treatments, motivational enhancement, group and family therapy, contingency management, and the multimodal approach called Network Therapy, which recruits the support of friends and family to prompt abstinence and prevent relapse. Each chapter includes vivid case studies to illustrate the approach described, as well as a review of the key clinical concepts and a list of essential readings. Adapting a new, clinically focused manual from their popular *American Psychiatric Publishing Textbook of Substance Abuse Treatment*, now in its fourth edition, Dr. Galanter and Dr. Kleber have designed *Psychotherapy for the Treatment of Substance Abuse* to be of practical application to both experienced clinicians and those new to the field. The accompanying DVD demonstrates Network Therapy in practice and includes enlightening commentary on key issues that are relevant across the many modalities of substance abuse treatment discussed in the book.

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