



Rice Cooker Meals: Fast Home Cooking for Busy People: How to feed a family of four quickly and easily for under \$10 (with leftovers!) and have less ... up so you'll be out of the kitchen quicker!

Neal Bertrand

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NOTE! NOW IN KINDLE AND PAPERBACK!

RICE COOKER MEALS: FAST HOME COOKING FOR BUSY PEOPLE contains 60 quick, easy meals you can make in a rice cooker, most in 30 minutes or less.

- Enjoy delicious recipes that are less expensive and healthier than fast food.
- One-pot cooking means **LESS MESS TO CLEAN UP** so you'll be out of the kitchen quicker!

~~ **THE RICE COOKER IS NOT JUST FOR RICE ANYMORE!** ~~

You may say, "**But we are meat and potatoes people. We don't eat rice.**"

Not a problem! Most of these recipes don't use rice, anyway, like our Chicken Fajita Stuffed Potato. Most people are astonished to **learn how easy it is to cook nutritious meals in a simple rice cooker** - meals such as Soups, Seafood, Casseroles, Pastas, Jambalayas, Potatoes & vegetables such as cabbage, yams, etc.

"IN A RICE COOKER?" Yes, they're all cooked in a rice cooker.

Here are a few recipes from the book: Easy Chili, Mexican Rice, Tex-Mex Pasta, Shrimp Jambalaya, Cabbage Casserole, Cajun Pepper Steak, Chicken Fried Rice, Rice & Shrimp Pilaf, Chicken & Sausage Gumbo, Black-eyed Pea & Sausage Soup, Candied Yams with Marshmallows, Easy Smothered Potatoes & Sausage, and everyone's favorite - Black-eyed Pea & Sausage Jambalaya.

RICE COOKER MEALS offers a time-saving alternative to conventional cooking.

- With this cookbook you will feed a family of four for under \$10, and have leftovers!
- Or a college student can eat like a King (or Queen) for an entire week!
- Make mouth-watering feasts for your friends in just 30 minutes!
- Prepare inexpensive meals for a full week that you can store in your fridge.

~~ **A RICE COOKER AS A PORTABLE KITCHEN!** ~~

You can think of a rice cooker as a portable kitchen. **All you need is this cookbook and an electrical outlet.** This opens up a whole new way of thinking about cooking. Cook a meal practically anywhere!

- **Bring it to work** and set it up in the break room, on a spare desk, or the office kitchen.
- Bring it to the **party, tailgating, church** or social gathering you're going to and impress your friends with

the tasty meal or appetizer you have prepared.

- Provides fast, healthy meals for **college students** living in dorms or apartments.
- Bring it along on **RV or camping trips**.
- **Remodeling your kitchen? Just moved in?** Kitchen appliances not working? Use a rice cooker!
- **Power outage? A hurricane, blizzard** or other calamity is messing up your day? Have a generator? Just plug in your rice cooker, eat and enjoy! Make this part of your Emergency Preparedness Plans.
- **Inexpensive** - the Blackeyed Pea & Sausage Jambalaya recipe uses inexpensive ingredients and makes a huge pot full!
- **No need to heat up the kitchen** with all the stove burners on. Just one rice pot plugged in, and it doesn't even have to be in the kitchen. Anywhere there is an electric outlet will do fine.
- **Children are using our cookbook** recipes to win 4-H cooking contests!
- It's **great for retirees** or empty-nesters who only want to cook a meal for two.
- It's **spontaneous** - if guests drop by unexpectedly, throw a meal together quickly, so little or no planning necessary.
- **No need to stock exotic ingredients**. Use ingredients you already have in your pantry, cupboard, refrigerator or freezer.
- The cookbook also has **two indexes** so the recipes are easier to find: indexed by chapter and indexed in alphabetical order.
- It has **numerous testimonials** from good cooks affiliated with the LSU AgCenter Homemaker Clubs. They tested the recipes and gave their honest opinions.
- It includes **short articles** about time-saving tips on food preparation, how a rice cooker knows when the food is cooked, how to teach children to safely cook with a rice cooker, how to brown meat in a rice cooker, plus many more.

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From reader reviews:

Travis Ralls:

This book untitled Rice Cooker Meals: Fast Home Cooking for Busy People: How to feed a family of four quickly and easily for under \$10 (with leftovers!) and have less ... up so you'll be out of the kitchen quicker! to be one of several books in which best seller in this year, that's because when you read this book you can get a lot of benefit into it. You will easily to buy this particular book in the book retail outlet or you can order it through online. The publisher on this book sells the e-book too. It makes you more easily to read this book, because you can read this book in your Touch screen phone. So there is no reason to you to past this e-book from your list.

Olive Wilson:

The reason? Because this Rice Cooker Meals: Fast Home Cooking for Busy People: How to feed a family of four quickly and easily for under \$10 (with leftovers!) and have less ... up so you'll be out of the kitchen quicker! is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will jolt you with the secret the idea inside. Reading this book beside it was fantastic author who else write the book in such incredible way makes the content interior easier to understand, entertaining method but still convey the meaning completely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This excellent book will give you a lot of gains than the other book get such as help improving your expertise and your critical thinking technique. So , still want to hold off having that book? If I were you I will go to the e-book store hurriedly.

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What is your hobby? Have you heard that will question when you got pupils? We believe that that question was given by teacher to the students. Many kinds of hobby, Every individual has different hobby. And also you know that little person such as reading or as reading become their hobby. You need to know that reading is very important in addition to book as to be the thing. Book is important thing to incorporate you knowledge, except your current teacher or lecturer. You see good news or update about something by book.

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