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Psychotherapists, counselors, and other health care professionals are increasingly turning to expressive therapies--including art, music, dance/movement, drama, poetry, play, sandtray, and integrative approaches--in their work with clients of all ages. This timely volume offers a comprehensive presentation of these innovative and powerful modalities. Expert contributors present in-depth descriptions of their respective approaches to intervention with children, adults, and groups, giving particular attention to strategies for integrating expressive work with other forms of psychotherapy.

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