



Critical Thinking and Reflection for Mental Health Nursing Students (Transforming Nursing Practice)

Marc Roberts

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The ability to reflect critically is a vital nursing skill. It will help your students to make better decisions, avoid errors, identify good and bad forms of practice and become better at learning from their experiences. The challenges they will face as a mental health nurse are complex so this book breaks things down to the foundations helping them to build critical thinking and reflection skills from the ground up. Key features: * Covers the theory and principles behind critical thinking and reflection * Explores the specific mental health context and unique challenges students are likely to face as a mental health nurse * Applies critical thinking to practice but also to academic study, showing how to demonstrate these skills in assignments

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