



127 Powerfully Simple Life Makeover Hacks: Easy Ways to Empower Yourself and Improve Your Life in 30 Days or Less (Project Blissful)

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Project Blissful: 127 Powerfully Simple Life Hacks is an inspirational guide designed to help you take control of your life and to motivate yourself to become the best possible version of yourself.

Collected and curated by life coach and author Angela Atkinson, this ebook is also a toolkit that contains everything you'll need to identify your issues and begin to resolve them, one baby step at a time.

Pick up your copy of the first book in the Project Blissful series at <http://tinyurl.com/blissfulbook>.

Could you use:

Practical and easy ways to create serious change in your life, right now.

Expert ideas for coping with stress and thriving despite it.

Self-care advice that will help to improve both your self-confidence and your relationships.

Advice on dealing with difficult people and repairing damaged relationships.

Tips for creating and enforcing personal boundaries.

Advice for loving yourself and truly accepting yourself so that you can realize your true potential.

An understanding of how your perception creates your reality.

Here's a Preview Of What You'll Learn Inside.

Heal Broken Relationships With This 4-Step Process to Increase Dialogue

Zap Stress With These 5 Tips to Increase Your Patience

Conquer Social Anxiety With These 5 Tips to Increase Your Courage

Become a Better Leader: 4 Steps to Boost Your E.Q.

8 Habits That Guarantee Success

7 Tricks to Boost Your Memory

4 Key Attitudes for a Happy Life

The Top 5 Ways to Nurture a Healthy Body Image

Get Off the Diet Roller Coaster: 6 Tips for Making Your Weight Loss Last

Top 10 Tips for Enhancing Your Emotional and Mental Health

18 Ways to be Happier

14 Intrinsic Motivation Secrets for Making Everything Better

7 Steps to Having a Great Day

Top 10 Strategies to Overcome Anger and Gain Peace

9 More Life Lessons You Weren't Taught in School

5 Indicators of a True Friendship

6 Tips for Getting Through the Hard Times

This book is exactly what you've been looking for if you're at a point in your life where you know you're ready for some serious changes, but you're not exactly sure where to start. It offers powerful and simple

secrets, tricks and baby steps that will help take your life from not-so-great to over the moon.

What are you waiting for? Take the first step to creating the life you want by downloading your copy of this amazing little guide today!

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From reader reviews:

Rita Dubois:

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Karen Huff:

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