



Osteoporosis: Diagnosis, Prevention, Therapy

Reiner Bartl, Bertha Frisch

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Osteoporosis is a global threat because it can impact every human being as they age. The scale of the problems associated with osteoporosis is enormous in terms of not only human suffering, morbidity, and mortality but also economic costs. This third, extended and completely updated edition of Osteoporosis documents current knowledge on bone structure, physiology, and pathology, with an emphasis on the diagnosis, therapy, and prevention of osteoporosis. Its purpose is to educate members of the medical profession about this widespread and potentially disabling disease, while providing information on related current evidence-based medicine. Written in an easy-to-read style, the book covers everything from basic physiology to osteoporosis diagnosis, including the utility of specialized tests and current treatment recommendations, and will provide the primary care physician with sound medical knowledge on the prevention and management of osteoporosis. It is upbeat and optimistic, with a touch of humor; it is scientifically based but provides easy-to-follow guidelines for lifelong maintenance of skeletal structure and function. Osteoporosis is preventable if doctors want it to be, and every doctor can contribute. Bone is every doctor's and every body's business.

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