



Essential Flavors: The Simple Art of Cooking With Infused Oils, Flavored Vinegars, Essences, and Elixirs

Leslie Brenner, Katharine Kinsolving

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A simple guide to creating your own infusions and essences from herbs and spices, fruits, cooked vegetables, wines, and spirits, explains how to distill these pure intense flavors and provides delicious recipes using them. Tour.

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