



The Joy of Not Working: A Book for the Retired, Unemployed and Overworked- 21st Century Edition

Ernie J. Zelinski

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Ernie Zelinski could change your view of the world forever.

He has taught more than 200,000 people what "The Joy of Not Working" is about: learning to live every part of their lives - work and play, employment, and retirement alike - to the fullest.

In this completely revised and expanded edition, you too can join the thousands of converts and learn how to thrive at both work and play.

Illustrated with eye-opening exercises, thought-provoking diagrams, and lively cartoons and quotations, "The Joy of Not Working" will guide you to:

- Be more productive at work by working less.
- Discover and pursue your life's passions.
- Gain the courage to leave your corporate job if it is draining life out of you.
- Pursue interesting leisure activities that make a difference in your physical, mental, and spiritual well-being.
- Vanquish any guilt you may have about not working long and hard hours.
- Be financially independent with less money.

Plus, new to this edition are thirty inspiring letters from readers detailing how the book helped them improve the variety, tone, and quality of their lives.

"The Joy of Not Working" is a provocative, entertaining, down-to-earth, and tremendously inspiring book that will you get more joy and satisfaction out of everything you do.

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From reader reviews:

Frances Temple:

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James Hall:

Playing with family in a very park, coming to see the coastal world or hanging out with close friends is thing that usually you have done when you have spare time, then why you don't try thing that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love *The Joy of Not Working: A Book for the Retired, Unemployed and Overworked- 21st Century Edition*, you may enjoy both. It is fine combination right, you still need to miss it? What kind of hangout type is it? Oh can occur its mind hangout fellas. What? Still don't have it, oh come on its called reading friends.

Richard Horgan:

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Nila Cobb:

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