



Organic Body Care Made Easy: 147 Homemade Aromatherapy Essential Oil And Herbal Recipes For Glowing Skin And Radiant Hair (Body Butters, Body Scrubs, ... Recipes, Massage Oils, Shampoos And More)

Samantha Stephenson

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Discover Natural Beauty! Discover Health! Everyone wants to have beautiful skin and radiant hair but this should not be achieved at the expense of your health. However, if we continue to use chemical-laden commercial beauty products, we could end up destroying the body we are trying to make more beautiful. In Organic Body Care Made Easy, Samantha Stephenson has provided a collection of natural, chemical-free formulations that provide safe and healthy alternatives for personal body care. Now you can take charge of your personal beauty regimen by controlling the substances that you apply to your body. Stephenson is a natural beauty enthusiast with a passion for creating homemade goodies for organic body care. Besides being effective, the 147 recipes in this book are simple and very easy to make. The ingredients can be bought easily and you may already have some of them in your home. They are fun, inexpensive and highly rewarding. These natural beauty recipes with essential oils, herbs and other natural ingredients will deliver the results that you want without endangering your health in any way. Your skin, hair, face, hands and feet will radiate with health and freshness, your overall wellbeing will be enhanced and you will feel more confident. If you have never made natural balms, lotions and other potions before, get ready for a treat! Even if you have tried your hands on do-it-yourself beauty in the past, the 147 easy recipes in this book will simply blow your mind. Just dive in and start making body oils, lip balms, bath salts and other natural skincare stuff. This books covers every part of the body to give you an all-encompassing body makeover. You can have your own spa right in the comfort of your home. There are recipes for hair care, facial care, hand care, nail care, foot care and even oral hygiene. Each recipe is presented in a step by step format with notes to give you vital information about preparation, usage and storage. There is room to customize some of the recipes to fit your personal preference and you can make as many of them as you want to give out as gifts to loved ones.

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The book Organic Body Care Made Easy: 147 Homemade Aromatherapy Essential Oil And Herbal Recipes For Glowing Skin And Radiant Hair (Body Butters, Body Scrubs, ... Recipes, Massage Oils, Shampoos And More) gives you the sense of being enjoy for your spare time. You can use to make your capable considerably more increase. Book can to become your best friend when you getting pressure or having big problem together with your subject. If you can make reading a book Organic Body Care Made Easy: 147 Homemade Aromatherapy Essential Oil And Herbal Recipes For Glowing Skin And Radiant Hair (Body Butters, Body Scrubs, ... Recipes, Massage Oils, Shampoos And More) for being your habit, you can get a lot more advantages, like add your own personal capable, increase your knowledge about many or all subjects. You can know everything if you like open and read a publication Organic Body Care Made Easy: 147 Homemade Aromatherapy Essential Oil And Herbal Recipes For Glowing Skin And Radiant Hair (Body Butters, Body Scrubs, ... Recipes, Massage Oils, Shampoos And More). Kinds of book are a lot of. It means that, science book or encyclopedia or other individuals. So , how do you think about this book?

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