



# Easy Vegetarian One Pot

*Ryland Peters & Small*

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One-pot dishes are simply the easiest way to eat well. Healthy and nutritious, they can be prepared with minimal fuss and washing up. In *Easy Vegetarian One-pot*, you will find an enormous selection of some of the best meat-free one-pot recipes. Chapters include Soups and Salads; Pasta; Noodles and Stir-fries; Casseroles and Stews; Bakes and Gratins; Rice and Grains; and Curries and Tagines. Whatever your taste, there is something to delight in this appealing collection.

One of three new additions to the Easy series this season.

\* More than 100 mouthwatering meat-free one-pot recipes, from delicious summer salads and super-fast frittatas, to slow-cooked stews and warming tagines.

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