



The Fireless Cook Book: A Manual of the Construction and Use of Appliances for Cooking by Retained Heat, With 250 Recipes (Classic Reprint)

Margaret J. Mitchell

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Excerpt from The Fireless Cook Book: A Manual of the Construction and Use of Appliances for Cooking by Retained Heat, With 250 Recipes

The aim of this book is to present in a convenient form such directions for making and using fireless cookers and similar insulating boxes, that those who are not experienced, even in the ordinary methods of cookery, may be able to follow them easily and with success. The fact that their management has been so little understood has been the cause of failures among the adventurous women who, attracted by their novelty, have tried to experiment with them and have come to the mistaken conclusion that they are not practical, have limited scope, and are altogether a good deal of a disappointment. Such women have made the statement that they are not adapted to cooking starchy foods; that they will not do for most vegetables; that raised breads and puddings cannot be cooked in them, and that there is little economy in using them! It has invariably been found, however, that a better understanding of their management has resulted in complete success, followed inevitably by enthusiasm.

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