



Introduction to Recreation and Leisure

Human Kinetics

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Recreation and leisure is a nonstop industry with phenomenal growth, tremendous potential, and diverse career paths and options. *Introduction to Recreation and Leisure* presents a new-millennium view of this evolving field that

- presents historical, philosophical, and social aspects of the industry, which students can use to build their knowledge of the field;
- offers fresh insights to the standard treatment of community parks and recreation departments, youth and nonprofit agencies, commercial recreation, and tourism enterprises;
- describes how recreation provides fun, enriching, and educational programs and services for people of all ages;
- encompasses a variety of services, including recreational sports, outdoor activities, fitness and wellness, and arts and culture; and
- exposes students to the variety of career options available and supports them as they explore their interests and prepare for challenging careers in one of the leading industries of the 21st century.

Introduction to Recreation and Leisure is an ideal introductory text to the field, not only because of its complete coverage but also because of its unique voice. Written by 34 professors and professionals from the United States and Canada, this book offers the collective view of these eminent scholars, rising stars, and leading professionals. The result is a rich portrait of the field that also compares and contrasts the perspectives found in the two countries.

Introduction to Recreation and Leisure includes the following textbook features:

- Profiles of outstanding graduates and indicators for future directions in the field
- Web sites with links that provide access to real-world recreation
- Photos that illustrate the great variety of recreation and leisure
- Online instructor guide that presents an all-in-one, easy-to-implement support package complete with chapter overviews, discussion questions, objectives, and learning activities that interface with technology
- Presentation package of key points and illustrations
- Test package with multiple-choice, true-false, fill-in-the-blank, and short-answer questions

The book is divided into three parts. **Part I** provides students the foundational history, philosophy, and understanding of the field in relation to the individual and society. **Part II** introduces students to different sectors of the field, presenting the multifaceted delivery system through parks, public recreation, nonprofit organizations, commercial recreation and tourism, therapeutic recreation, and unique groups. **Part III** presents the different types of programming found in recreation and leisure services, including recreational sports; fitness, health, and wellness; outdoor and adventure recreation; and arts and culture. It includes career directions and ends with a chapter on the nature of recreation and leisure as a profession.

Introduction to Recreation and Leisure celebrates a multifaceted profession that has been one of the top three growth employment areas in the past 15 years. It provides foundational information and real-world connections to the profession, and it prepares students for their future in recreation and leisure.

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From reader reviews:

Todd Voss:

The actual book Introduction to Recreation and Leisure has a lot of knowledge on it. So when you read this book you can get a lot of gain. The book was authored by the very famous author. This articles author makes some research ahead of write this book. That book very easy to read you may get the point easily after scanning this book.

Patrick Taylor:

Precisely why? Because this Introduction to Recreation and Leisure is an unordinary book that the inside of the reserve waiting for you to snap the idea but latter it will jolt you with the secret the item inside. Reading this book adjacent to it was fantastic author who have write the book in such awesome way makes the content on the inside easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of positive aspects than the other book have got such as help improving your skill and your critical thinking means. So , still want to hold off having that book? If I were you I will go to the publication store hurriedly.

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That guide can make you to feel relax. This particular book Introduction to Recreation and Leisure was bright colored and of course has pictures on there. As we know that book Introduction to Recreation and Leisure has many kinds or style. Start from kids until adolescents. For example Naruto or Private investigator Conan you can read and feel that you are the character on there. So , not at all of book usually are make you bored, any it offers you feel happy, fun and relax. Try to choose the best book to suit your needs and try to like reading that.

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